



*Kelly's*

PARLWR HARDDWCH  
BEAUTY PARLOUR

THE FALCONDALE HOTEL

## BODY TREATMENTS | TRINIAETHAU I'R CORFF

Full Body Massage (1 hour)	£36.00
Back, Neck and Shoulder Massage (including back of legs 45 mins)	£28.00
Back, Neck and Shoulder Massage (30 mins)	£23.00
Deep Cleansing Back Treatment (Ideal for problem skin conditions. Helps decongest and improve skin tone and texture (1 hour)	£32.00

## HAND AND FOOT TREATMENTS TRINIAETHAU I'R DWYLO A'R TRAEID

Manicure with Varnish	£18.00
Luxury Manicure with Paraffin Wax	£21.00
Luxury Manicure, Paraffin Wax and French Varnish	£23.50
File and Varnish	£12.00
French Manicure	£21.00
French File and Varnish	£15.00
Pedicure with Varnish	£20.50
Luxury Pedicure with Paraffin Wax	£23.00
Luxury Pedicure, Paraffin Wax and French Varnish	£25.50
File and Varnish	£12.00
French Pedicure	£23.00
French File and Varnish	£15.00

Paraffin wax has been shown to treat conditions like arthritis and fibromyalgia among others. A wax treatment acts as a type of heat therapy, that helps treat these conditions by moisturising the skin, increasing blood flow, relaxing muscles and reducing stiffness in joints.

## EYE TREATMENTS | TRINIAETHAU I'R LLYGAID

Eye Treatments require a patch test 48 hours prior to treatment.

Eyelash Tint	£11.00
Eyebrow Tint	£5.75
Lash and Brow Tint	£16.00
Lash Lift	£35.00

## SHELLAC

Manicure	£23.00
Pedicure	£25.00
French Manicure	£28.00
French Pedicure	£30.00
Luxury Manicure	£26.00
Luxury Pedicure	£28.00
Luxury French Manicure	£31.50
Luxury French Pedicure	£32.00
Removal	£8.00

Includes filing and application of hand cream (This is free of charge if Shellac is reapplied)  
\*up to 14 days wear depending upon the nature of your job and lifestyle

## SUGARING | SIWGRO

One of the most gentle and ancient techniques. A gel made from sugar, lemon and hot water is used to pull hair out of the roots. Please do not use any oils or body creams 2 days before treatment.

½ Leg	£15.00
¾ Leg	£18.50
Full Leg	£20.00
Full Leg and Bikini	£28.00

½ Leg, Bikini and Underarm	£32.00
Bikini	£9.00
Underarm / Forearm	£9.00
Full Arm	£12.50
Eyebrow Tidy	£6.25
Top Lip	£5.00
Face (inc. chin, top lip, cheeks and neck)	£8.50
Top Lip and Eyebrows	£10.75
Face and Eyebrows	£14.00

## FACIAL TREATMENTS | TRINIAETHAU I'R WYNEB

Enjoy unique formulations from MONU that utilise the special properties of pure, natural ingredients using plants and herbs, minerals and essential oils. No MONU formulation contains damaging chemicals, artificial perfumes, or synthetic colours; nor do we test them on animals.

Mini Express Facial	£20.00
Introduction to facials. An ideal treatment to have prior to a special make-up application.	

Aromatherapy Facial £30.00  
A soothing and beneficial treatment that is suitable for all skin types. The preparations that are used contain the purest essential oils that have been carefully selected to help balance the skin and maintain its youthful appearance.

S.O.S. Facial £32.00  
Treats the skin that is feeling dehydrated and tired. This helps delay the aging process using scientifically formulated Rescue Serums. (1 hour)

RENU Anti Ageing Facial £32.00  
For more mature skin. RENU specifically helps treat ageing, prevent dryness and maintain elasticity. (1 hour)

Algae Facial £35.00  
Refreshes and revitalises the skin, smoothes, lifts, energises and combats skin fatigue. (1 hour)

Collagen Facial £39.00  
Freeze-dried collagen helps reduce wrinkle depth by up to 40% in 6 treatments and the skin can absorb up to 75% more moisture. (1 hour)

Paraffin Wax Facial £32.00  
Suits dry, dehydrated and mature skin. It is extremely therapeutic, leaving the skin soft and revitalised. (1 hour)

## SPA TREATMENTS | TRINIAETHAU SBA

### Priadara Thai-Style Massage

Incorporates Eastern massage techniques using herbal heat compresses for a fantastic traditional, yet modern, body and facial treatment. The treatment purifies, relaxes, relieves aches and pains and improves the skin condition whilst stimulating the senses.

Thai-Style Full Body, Face and Scalp Treatment (1 hour 45 mins) £67.00

Thai-Style Full Body Massage (1 hour) £47.00

Thai-Style Back, Neck and Shoulder Massage (including back of legs 45 mins) £37.00

Thai-Style Facial (1 hour 15 mins) £35.00

Body Scrub  
A popular treatment that is basically a facial for the body. It exfoliates and hydrates your skin, leaving it smooth and soft. Body cream is then added to help replenish oil in the skin. (45 mins) £22.00

Ear Candling £25.00

## ELECTROLYSIS

STEREX single use, sterile, disposable needles used for permanent hair removal.

Book for a free, confidential consultation and patch test.

5 mins	£9.50
10 mins	£11.00
15 mins	£12.50
20 mins	£16.00
30 mins	£19.00

## CAFLON EAR PIERCING | TYLLU CLUSTIAU

Gold / Silver / Hypoallergenic £23.00  
Includes bottle of Caflon Aftercare Solution

## MAKE UP | COLUR

Special Occasion Make Up £23.00  
Bridal Make Up £48.00  
A trial session is advisable (includes trial session)

## TANNING

St. Tropez Mousse  
A natural and healthy looking tan, that lasts for days.  
Quick-drying, with no self tan smell.

Full Body	£22.00
Arms and Legs / Top Body	£20.00
Legs	£18.00

## EXTRAS

### PRINCESS PAMPER PARTIES PARTION PAMPRO TYWYSOGES

A fun experience for any Princess and their friends.  
A variety of treatments and packages available.

### PAMPER PARTIES | PARTION PAMPRO

Ideal for special occasions, birthdays, hen parties.

### PREGNANCY PACKAGE | PECYN BEICHOGRWYDD

Pamper yourself before the new arrival

### MEN'S TREATMENTS AVAILABLE TRINIAETHAU I'R DYNION

Chest or back sugaring, hand, nail and foot  
treatments, massage and ear candling.

### Gift Vouchers Available Talebau Rhodd ar Gael

Gift vouchers cannot be accepted after the expiry date.  
Ni allwn dderbyn talebau rhodd ar ol y dyddiad penodedig.



THE FALCONDALE HOTEL  
LAMPETER  
SA48 7RX

☎ 07772761308

Please give 24 hours notice if you find it necessary to cancel your appointment, otherwise a cancellation fee will be charged.  
Mae'n ofynnol i chi roi gwybod o leiaf 24 awr o flaenllaw os ydych am ganslo apwyntiad, neu fydd angen i chi dalu ffi canslo.  
Prices are subject to change without notice. All prices are inclusive of VAT.  
Gallant prisiau newid heb unrhyw rybydd ar unrhyw adeg. Mae'r prisiau yn cynnwys TAW.